



1996 Recreation Way, Marlboro, New Jersey 07746

Phone: 732-617-0100 E-mail: [Recreation@marlboro-nj.gov](mailto:Recreation@marlboro-nj.gov)

# Kids Fit Class



## KIDS FIT CLASS

A fun, safe and exciting environment where fitness becomes fun, not work! Teaching form, endurance, teamwork and confidence. Come have fun jumping, running and doing body weight exercises. Getting into fitness at a young age can help live a healthy adult life. Please bring a towel, mat and water

Instructor: Marla Rudich

**Outdoors @ the Rec Center  
Amphitheater**

**Wednesdays , 4:30pm-5:30pm**

**April 21– May 26**

**\$75 Residents \$85 Non Residents : 6 sessions**

**Ages 5-10**

To register please visit [marlboro-nj.gov/signup](http://marlboro-nj.gov/signup)

Listed Under Spring 2021 Youth Programs and Events