



1996 Recreation Way, Marlboro, New Jersey 07746

Phone: 732-617-0100 E-mail: Recreation@marlboro-nj.gov

Kids Fit Class



KIDS FIT CLASS

A fun, safe and exciting environment where fitness becomes fun, not work! Teaching form, endurance, teamwork and confidence. Come have fun jumping, running and doing body weight exercises. Getting into fitness at a young age can help live a healthy adult life. Please bring a towel, mat and water.

Instructor: Marla Rudich

Outdoors @ the Rec Center Amphitheater

Mondays, 4:30pm-5:30pm

9/13, 9/20, 9/27, 10/4, 10/18, 10/25

\$75 residents / \$85 non-residents: 6 sessions

Ages 5-10

To register please visit marlboro-nj.gov/signup

Listed Under Fall 2021 Youth & Adult Programs